

SARAH MCDONALD

425.647.5846 | mcdosar@uw.edu

EDUCATION

University of Washington School of Dentistry (UWSOd)

DDS Candidate

2013-2017

University of Washington (UW)

Area of Study: Biology

2012-2013

Bellevue College

Area of Study: Biology

2009-2012

Phi Theta Kappa Honors Society

Shoreline Community College

Area of Study: Biology

2009

AWARDS

Pacific Continental Bank Scholarship to Address Oral Health Disparities

2016

2nd Place Hispanic Dental Association Orgullo Video Competition

2015

-<https://www.youtube.com/watch?v=W7cVUoR1kZg>

Brian Toolson Endowed Scholarship for Excellence in Removable Prosthodontics

2015

Dental Alumni Scholarship

2015

Classmate of the Quarter

2015

Psi Omega Scholarship

2014

ADA Warner-Lambert Research Conference Award

2014

Partners in Diversity Endowed Scholarship

2013

Royal Conservatory of Music Development Program

Certificate of Excellence in Percussion for Seattle; and for WA

2013

Summer Medical and Dental Education Program (SMDEP)- Graduated with Honors

2011

DENTAL LEADERSHIP EXPERIENCE

American Student Dental Association (ASDA) University of Washington Chapter

Class Representative

June 2015 – Present

Secretary

September 2014 – 2015

Organize and encourage student participation in ASDA and various chapter related volunteer activities including oral health presentations with the Washington Oral Health Foundation (WOHF) at Boys and Girls Clubs. Collaborated with District 10 schools for Operation Christmas Child 2014; UW showed the greatest participation rate of all the schools.

Hispanic Student Dental Association University of Washington Chapter (HSDA)

Treasurer

June 2015 – Present

Managed funds, led dental care events to NCTA and Casa Latina. Organized five summer outreach events to Migrant Farm Worker Camps to provide care in partnership with Medical Teams International mobile dental vans. Invited speakers for Lunch and Learns.

UWSoD Student Research Group

Vice President

Invite and organize faculty research presentations to dental students interested in research on a monthly basis.

September 2014 – Present

One Hundred Hour Community Service Club

President and Co-founder

Banded with fellow classmates to encourage one another to complete 100 hours of community service.

June 2015 – Present

Guiding Undergraduates Interested in Dental Education (GUIDE_

Mentor

Advise and provide resources to students interested in dentistry via email, Facebook and in-person.

September 2014 – Present

University of Washington School of Dentistry

Student Ambassador

Represent UW SoD to pre-dental students in school-wide forums. Welcome interviewees and new students to the school.

June 2015 – Present

Peer Advisor

Responsible for organizing and leading activities to encourage incoming students to get to know each other. Serve as a source of information and reassurance during transition into dental school.

June 2014 - June 2015

DENTAL CLINICAL EXPERIENCE

Northwest Career and Technical Academy (NCTA)

Volunteer Provider and Leader

Piloted the use of on-site mobile digital x-ray imaging, partnered with MTI mobile vans, Safe Harbor Clinic, physician assistant students, NCTA and other community health centers once every month to deliver dental care including, extractions, cleanings, fillings, oral hygiene instruction (OHI) and comprehensive medical history and oral exams to homeless, Hispanic, low-income and Veteran populations. Dedicated once-yearly event to give back to veterans.

2014-Present

Seattle Downtown Union Gospel Mission

Volunteer Dental Student Provider

Bi-quarterly provided care at the downtown Seattle Union Gospel Mission dental clinic to individuals stricken with homelessness. Care included extractions, fillings, scaling and root planing cleanings, exams and oral health instruction.

2014-Present

Longview Dental Clinic

Volunteer Dental Student Provider

Once a quarter drive to Longview, WA with UWSoD to deliver dental care to underprivileged populations. Activities include performing oral health screenings in women's shelters and elderly homes in the area for same-day referral to the clinic, extractions, various operative and prosthodontic procedures and preventive care.

2013 – Present

Medical Teams International (MTI)

Volunteer Assistant and Student Provider

Independently began volunteering each month as an assistant during my 1st yr of dental school. Continued as a provider through the UW during various volunteer activities serving homeless, veterans, low-income and other disadvantaged individuals.

2013 – Present

45th St Clinic*Dental Student Provider***Summer 2015**

Delivered care weekly for the summer to homeless youth in Neighborcare Seattle-based clinic. Provided a compassionate, caring environment to encourage the youth to avoid drugs, alcohol and other vices, and pursue education and a healthy lifestyle.

Roots Young Adults Shelter

Provided screenings, oral health information, fluoride varnish and referral services.

2014 – 2015**Mary's Place Women and Children's Shelter**

Delivered oral screenings and dental assisting on MTI van for guests of the shelter.

2013 – 2015**Wellness Fairs***Volunteer Provider and Leader***2013-Present**

Team leader in organizing events to provide oral health exams, fluoride varnish, OHI and resources for local free dental care to underserved populations. Encourage pre-dents, first and second year students to join in giving back to the community. Yearly events include Tulalip Dental Day, Odessa Brown Wellness Fair, Latina Health Fair, Samish Health and Wellness Fair and the Skagit Valley Health Fair for migrant farmworker communities.

Toothastic Dental Camp*Volunteer***September 2013**

Encouraged Native American youth to reach their goals and show them the tangibility of a career in healthcare/dentistry. Day camp associated with Society of American Dentists annual meeting.

TEACHING EXPERIENCE

University of Washington School of Dentistry, Seattle, WA

Fixed Prosthodontics Teaching Assistant (TA)**September 2016**

Accepted invitation to TA the preclinical Fixed Prosthodontics Course I DENTPC 561 for Dr. Xavier Lepe.

University of Washington School of Dentistry, Seattle, WA

Gross Anatomy and Embryology TA and Tutor**September 2014**

Attended lecture, reviewed concepts with students and served as a resource to students in lab. Facilitated group review sessions and private tutoring for both medical and dental students.

Summer Medical and Dental Education Program (SMDEP)

Mentor**2013 – Present**

Mentored underrepresented students in SMDEP during dental day camps and through information sessions. Introduced undergraduate students to the activities of a dental student including wax-ups and fillings. As an Alumni of the program, I aided students in achieving a career in healthcare.

Main Stem Academy, Bellevue, WA

Music Instructor & Co-Founder**2007-2013**

Collaborated on curriculum and overall course structure as co-founding member. Instructed piano and percussion in group and private lessons. Group lessons were delivered primarily to elementary and middle school students in public, private, homeschool co-op schools/community centers and our music center location. Spent two years teaching on a weekly basis at Echo Glenn Children's Center to incarcerated youth.

DENTAL SPEAKING ENGAGEMENTS

Seattle All-Girls School	Summer 2013, 2014
Boys and Girls Clubs with WOHF	Summer 2015
Annual Pierce County Health Career Day for Highschoolers	Summer 2013, 2014, 2015
2016 Biannual Partners in Diversity Dinner	Fall 2015
Health and Homelessness Elective Course	Summer 2016

EXTERNSHIPS

University of Washington OMFS Externship at Harborview Medical Center (One Week)	September 2015
Case Western Reserve University OMFS Externship (One Week)	October 2015

PUBLICATIONS

<i>Peer Education: Reviews of the Literature (PERLs)</i>	October 2015
Journal of Dental Education, October 1, 2015 vol. 79 no. 10 1251-1253	
Faculty Advisor: Sara Gordon, DDS, MS, Professor of Oral Medicine and Associate Dean of Academic Affairs, University of Washington School of Dentistry	
Theme: Training in Research and Evidence-Based Practice: Its Role in Health Professions Education	

RESEARCH

<i>"How Do Practicing Dentists Perceive Their Training in Treating Dentally Fearful Patients?"</i>	
Study presented at the ADA 50 th Annual Conference on Research, Bethesda, MD. In the process of publishing the paper with Dr. Lisa Heaton.	2013-Present
<i>Relationship between TMJ condylar position and osteoarthritic changes in CBCT</i>	
Developed proposal for research regarding fossa-condyle relationship and TMD symptoms for Oral Medicine faculty Dr. Peggy Lee and Dr. Lars Hollander. Project continued by subsequent student.	Summer 2014
<i>Presence of Human Papilloma Virus (HPV) in Oropharyngeal Cancers</i>	
Beginning research with UW OMS faculty on the presence of HPV in oral cavity high-grade epithelial dysplasia and Squamous Cell Carcinoma (SCC).	2016-Present

ORGANIZED DENTISTRY MEMBERSHIPS

American Association for the Advancement of Science
 Hispanic Dental Association
 Washington Academy of General Dentistry
 American Student Dental Association
 Washington State Dental Association

LANGUAGES

English- native language
 Romanian- speak, read and write with basic competence.